

Project Information Sheet

Understanding home from hospital experiences

Hello!

I work for a company called Revealing Reality. I'm working with British Red Cross to better understand how to improve hospital discharge experiences and home-from-hospital support for patients.

We're looking for people who are about to be discharged from hospital (or have been discharged in the past 12 weeks) to share their experiences with us so that we can learn more about what experiences of leaving hospital after an unplanned visit are like, and what the challenges are when returning back home.

What would taking part involve?

This would involve an interview/visit which will take a couple of hours. While this might seem like a long time, we are happy to be flexible around you and your schedule and the visit is very informal. We normally interview people in their homes but can meet you wherever you feel most comfortable.

- 1) We will ask you questions about your discharge from hospital, your journey home, how you experienced adjusting back to life at home, any challenges you faced, where you got support from and if there are any areas where you feel you could have used more support.
- 2) For some people, we would be interested in also hearing the views of trusted family members, friends or a carer.

If you do take part in the face-to-face discussion, you will receive **£50** in cash, as a 'thank-you' gift for your help with this project. If you'd prefer, this donation can be made to charity.

What happens to the information I give in the interview?

- The information will feed in to a project report for the British Red Cross, but your name will not be used and no pictures of you will be shared or made public unless you tell us that is OK (and sign a consent form to say that's ok too).
- Any identifiable photos taken of you would also only be shared with your explicit consent.
- Your information will be kept safe and secure, with only the project team having access to it. You would also be welcome to change your mind and withdraw from the process at any time if you wanted to do so.

Continued overleaf

Would you like to take part?

If you would like to take part, or have any questions about the project, please do contact Nic or Amy on 0207 735 8040, or email:

nic.ball@revealingreality.co.uk / amy.rainbow@revealingreality.co.uk

And if you know someone who might be interested in taking part, please feel free to pass on this information sheet to them.

Thank you!

